

ITEM	SERVING SIZE	CARBS (GRAMS)
GLUCOSE TAB	1 PC [AT A TIME]	4
JUICE	2 OZ/12 SIPS	12
FRUIT POUCH	1/2 POUCH	8
SKITTLES	4 PCS	8

***Fast-acting sugar/carbs is needed to treat low BGs. Glucose tabs raise her BGs more than you'd think. Items listed from fastest to moderate carb absorption.**

QUICK GUIDE TO PREVENTING SEVERE HYPO'S

BG (MG/DL)	LIBRE2 TREND	CARBS NEEDED
100 - 125		4 pcs Skittles
80 - 100		1 Glucose tab
70 - 80		1/2 juice box
<70		1/2 juice box

***NOTE: Due to the unpredictability of T1d, trends and BGs can & will change at any given moment. Wait 10mins after 1st treatment. Refer to Drs Orders for more details.**

CONTENTS:

- (1) EMERGENCY GLUCAGON/BAQSIMI NASAL GLUCAGON
- (1) FIASP FLEXTOUCH **RAPID-ACTING** INSULIN PEN
- (1) LANTUS SOLOSTAR **LONG-ACTING** INSULIN PEN
- (1) SPARE OMNIPOD PUMP SET
- ALCOHOL SWABS
- SRAY HAND SANITIZER
- IV PREP WIPES
- UNISOLVE WIPES
- OPSITE FLEXIFIX TAPE - for Libre2 sensors & Pods
- (2) BAGS OF 1/2U MARKED SYRINGES
- 4MM PEN NEEDLES
- (1) SPARE LANCING DEVICE
- LANCETS - to prick finger for BG checks
- (1) BOX OF 100 TEST STRIPS
- (1) SPARE GLUCOSE METER
- LOW TREATS & JUICE - prevent hypo's by treating early

*Contact Name (Mom/Dad) at 000-000-0000 when supplies need refills.

EMERGENCY GLUCAGON

For severe hypoglycemia (BG <50 mg/dL) and child's unresponsive, glucagon must be administered by trained adult IMMEDIATELY to prevent death. See instructions in yellow box.
Call 911 after administering Baqsimi nasal glucagon spray.

FIRST & LAST NAME TYPE 1 DIABETIC - INUSLIN DEPENDENT DIABETES SUPPLIES

Do not share with anyone else for safety and sanitary reasons
This box to be kept in nurses office in a cool dry place

If her CGM alarms "low" and nurse is not available, treat hypo ASAP.
Follow treatment guide below:

If blood glucose (BG) is 70-80 mg/dL, give 10g fast-carbs = 1 glucose tab OR 10 sips juice
If BG is less than 70 mg/dL, give 15g fast-carbs = 15 sips juice (1/2 the bottle)
If BG still <80 on CGM after 15 min, retest BG with glucose meter & treat with 5g more carbs

FOR LOW BG's, Text or call MOM/DAD: 000-000-0000

